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Issue VII

HQS Course

HQS Course Supers

DRILLS - MODEL SESSION FOR CCH'S 5, 6, & 7

Each of the following is a separate process and will be taken to its own end phenomena (EP) (result - cognition and VGIs) one at a time.

NAME: Drill - CCH 5

COMMANDS: "Touch that (indicated object)." "Thank you."

PURPOSE: To train the student to be able to coordinate and apply the commands and procedure of CCH 5 with the doingness of auditing so that he can do it smoothly in Co-auditing.

POSITION: Student (auditor) ambulant holding up a doll (representing the pc). The student has the doll carry out the commands.

TRAINING STRESS: Student (auditor) starts the session and runs a standard session including those steps which are given below. Also, he keeps in mind the training stress of the process which is "upon gentleness, ABC and the raising of the preclear's certainty that he has touched the indicated object."

The drill is considered passed when the student can do it smoothly and comfortably without flubs or out TRs. (TRs 0 to 4 and 6 to 9.)

STEPS:

1. Select and set up an auditing space, and prepare your auditing report forms. The space should be large enough and suitable for the pc to be able to walk around and touch objects.
2. Inform the supervisor that you are going to be starting a session and show the supervisor that you are up to that part of your checksheet, and just where the session will be.
3. Get the pc's folder and check with the supervisor so that he knows you understand what the next action is to be. He will give you an OK to start session.
4. Get the pc, sit the pc in his or her chair and then sit down across from the pc, knees a few inches from the pc's.
5. Ask the pc if it is all right to audit in the room and if not, make things right by adjusting the room or location of auditing.

6. Tell the pc the purpose of such sessions (Reality Factor) - "I want to improve your ability." It's the auditor's goal at this level, not the pc's. Also tell the pc exactly how long the session will be. (An hour is best, although the process may reach its end win point in less, in which case you end off.)
7. Tell the pc "Start of session", and start your report forms.
8. Tell the pc "We are now going to do CGH 5." Then note the time session started and place your clip board on the floor. (Reports are written up after the session for objective processes.)
9. Have the pc stand up with you, and you say "Start of process".
10. Give the pc the first command, "Touch that (indicated Object)." and at the same time indicate the object with your hand.
11. Allow the pc to carry out the command, and then acknowledge him for doing that.
12. Repeat (10) and (11) choosing different objects in the room.
13. Take up any physical manifestations as a pc origination by saying "What's happening?" as it occurs.
14. Repeat (10) and (11) until the pc has the End Phenomena (EP), Cognition and VGIs (very good indicators). End off the process with "that's it" and have the pc sit down. Write up briefly what happened at the EP. Then signal to the supervisor and give him your report to read. He will have you take the pc to the Examiner, to check for an F/N; or continue the process if a full EP has not been achieved. When you go to the Examiner bring back the report with you.
15. If the set time comes up before the EP (end phenomena) of the process, do the following: a) Toward the end of the auditing period, warn "The session time is about over. We'll have to be ending shortly." b) When the pc has carried out an extra command or two, say, "We're closing the session now. Time is up ." (Have the pc sit down.) "Have you made any gains in this session?" c) Quickly note down on your report form the pc's answer. d) End the session with "End of Session". Take the pc to the Examiner.
16. After the session write up your auditing report forms for the session, put them into the pc's folder and hand them in to the supervisor.

Note: If you get into an impasse in session and can't make any progress, or if the pc becomes upset or other confusions arise, put up your hand behind your back, to attract the attention of the supervisor who will assist in the situation.

NAME: Drill - CCH 6

COMMANDS: "Touch your (body part)."
"Thank you." "Touch that (indicated room object)."
"Thank you."

PURPOSE: To train the student to be able to coordinate and apply the commands and procedure of CCH 6 with the doingsness of auditing so that he can do it smoothly in Co-auditing.

POSITION: Student (auditor) ambulant holding up a doll (pc). Student has the doll carry out the commands.

TRAINING STRESS: Student (auditor) starts the session and runs a standard session including those steps which are given below. Also, he keeps in mind the training stress of the process which is "upon using only those body parts which are not embarrassing to the preclear...Impossible commands should not be given to the preclear in any case."

The drill is considered passed when the student can do it smoothly and comfortably without flubs or out TRs.

STEPS:

1. Do the steps (1) through (7) as given in CCH 5.
2. Tell the pc "We are now going to do CCH 6". Then note the time you started session and place your clip board on the floor.
3. Have the pc stand up with you, and say "Start of process".
4. Give the pc the first command, "Touch your (a body part)."
5. Allow the pc to carry out the command, and then acknowledge him for doing that with "Thank you."
6. Give the pc the next command, "Touch that (indicated room object)," and when you give the command indicate the object with your hand.
7. Allow the pc to carry out the command, and then acknowledge him for doing that with "thank you".
8. Take up any physical change as a pc origination as it occurs.
9. Repeat (4) through (7) using different body parts and different objects around the room.
10. Repeat (4) through (7) until the pc has the EP (Cognition and VGIs). End off the process with "that's it" and have the pc sit down. Write up briefly what happened on the EP. Then signal to the supervisor and give him your report to read. He will have you take the pc to the Examiner to check for an F/N, or continue the process if a full EP has not been achieved. When you go to the Examiner bring back the report with you.
11. If the set time comes up before the EP of the process, do step (15) as given in CCH 5.

12. After the session write up your auditing report forms for the session, put them into the pc's folder, and hand them in to the supervisor. (Do worksheet, noting what you can remember happened; Auditor Report Form; and a Summary Report Form.)

Note: If you get into an impasse in session and can't make any progress, signal to the supervisor who will assist you.

NAME: Drill - CCH 7

COMMANDS: "Touch that table." "Thank you." "Touch your (same body part)." "Thank you."

PURPOSE: To train the student to be able to coordinate and apply the commands and procedure of CCH 7 with the doingness of auditing so that he can do it smoothly in Co-auditing.

POSITION: Student (auditor) standing holding up the doll (pc) and manually having the doll carry out the commands.

TRAINING STRESS: Student (auditor) starts the session and runs a standard session including those steps which are given below. Also, he keeps in mind the training stress of the process which is "on precision of command and motion, with each command in its unit of time, all commands are perfectly duplicated."

The drill is considered passed when the student can do it smoothly and comfortably without flubs or out TRs. (TRs 0 to 4 and 6 to 9.)

STEPS:

1. Do the steps (1) through (7) as given in CCH 5.
2. Tell the pc "We are now going to do CCH 7." Then note the time you start and place your clip board on the floor.
3. Have the pc stand up with you, and say "Start of process".
4. Give the pc the first command "Touch that table."
5. Allow the pc to carry out the command, and then acknowledge him for doing that, with "Thank you."
6. Give the pc the next command, "Touch your (a body part)." Continue to use the same body part for the rest of the process.
7. Allow the pc to carry out the command, and then acknowledge him for doing that with "Thank you".
8. Repeat (4) through (7) using the same table and the same body part.
9. Take up any physical change as a pc origination as it occurs.

10. The process is continued until the pc has the EP (Cognition and VGIs). End off the process and have the pc sit down. Write up briefly what happened on the EP. Then signal the Supervisor and give him your report to read. He will have you take the pc to the Examiner to check for an F/N, or continue the process if a full EP has not been attained. When you go to the Examiner, bring the report back with you and put it in the folder.

11. If the set time comes up before the EP of the process, do step (15) as given in CCH 5.

12. After the session write up your auditing report forms for the session. (Do worksheets, noting what you can remember happened; Auditor Report Forms) Put the report forms into the pc's folder and hand it in to the supervisor.

Note: If you get into an impasse in session, signal to the supervisor who will assist you.

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